

workshop:  
**BECOMING  
CHIMERIC**

Augmented Reality,  
AI and the Glitch

by MARTINA MENEGON

2025

# my practice



I'm an artist, creator,  
educator and researcher

in my works,

I look for poetic and subversive  
strategy for reshaping the self

+ I create intimate  
assemblages of physical and virtual  
elements that explore embodiment,  
hybridity and the chimeric nature of  
contemporary corporeality.

I embrace FRAGMENTATION and  
MULTIPLICITY. Through my art  
I am allowed to GLITCH, MORPH,  
UNFOLD, SHAPESHIFT...

Digital spaces become sites of care and  
Resistance, and avatars emotional extensions  
and intimate containers of contradiction...



# WORKSHOP CONCEPT

the workshop  
is not only about  
making avatars or  
exploring new tools...



it's about how we  
understand our self-body  
in digital space

a Rapture  
that reveals

method  
not  
clear

Git TCM

and

CHIMERIC

operations

layers  
multiple  
coexistence

do not only  
create distortions...

they can help us  
access a space where  
identity becomes

and the body  
becomes

a site of  
negotiations

Fluid  
multiple

unstable

political



# Workshop Overview

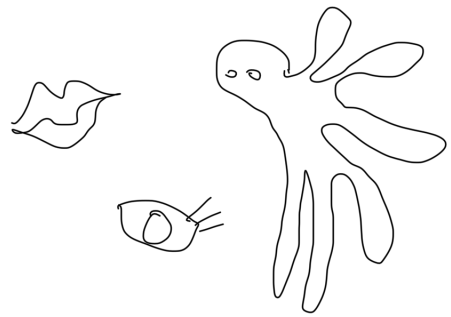
## 1 SELFIE

Take a "weird"  
Full Body pose



## 1a REMOVE BACKGROUND

1b MAKE A CHIMERA  
use any photo editor  
and deform your original  
selfie (add extra arms,  
or legs, etc.)



## 2 GENERATE EXTRA BODY EXTENSIONS

using TEXT 2 3D  
(take screenshots and  
use it to edit your  
chimera)

## 3 GENERATE THE CHIMERA IN 3D

using IMAGE 2 3D  
Transform your photo  
collage into 3D model

- POLYCAM
- PiFU HD
- TriPo SR
- INSTAMESH
- SPAR 3D

FREE!

4 EDIT  
with Blender  
(make it glossy,  
add 3D parts)

5 AUGMENT  
upload in P3D.in  
and try the AR!

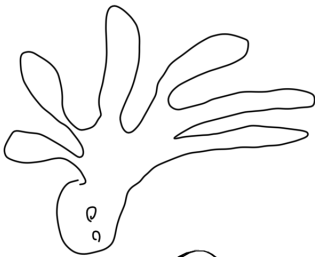
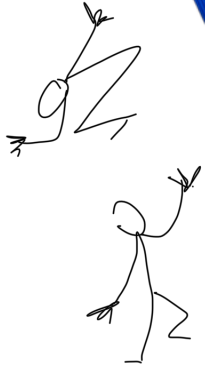
PERFORM  
YOUR CHIMERA!



① SELFIE take a "weird" Full Body pose



like this ☺



② REMOVE BACKGROUND

SCAN THIS →



Spaces not-lain background-removal like 1.96k Running on ZERO

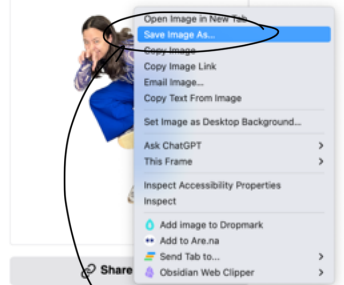
### Background Removal Tool

Image Upload URL Input File Output



Clear

Submit



② click here ↗

③ right-click and save IMAGE AS

③ MAKE A CHIMERA

add extra parts, flowers, animal tentacles etc. go wild! ♡



TIP: USE TEXT TO 3D to generate the "body parts"

LUMA AI "GENIE"

SCAN THIS →



# ① GENERATE YOUR 3D CAMERA

USE IMAGE TO 3D

To transform your photo in a 3D model

EASY: ←

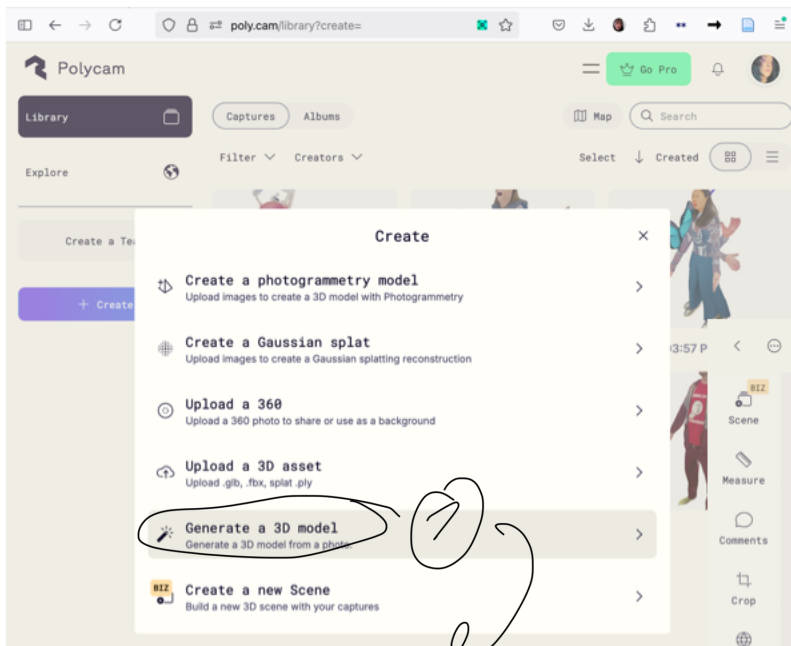
② POLYCAM

SCAN THIS →

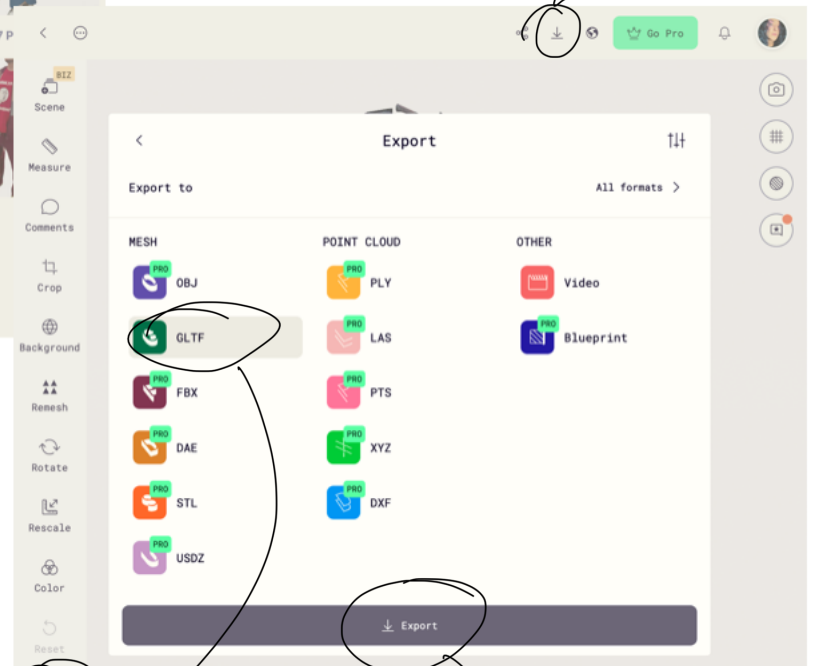


FREE!

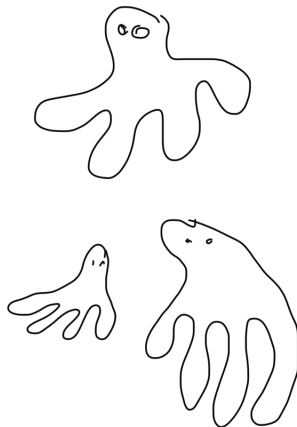
- POLYCAM
- PiFU HD
- Tripo SR
- INSTAMESH
- SPAR 3D



When your 3D camera is ready click ② HERE



Follow the steps



③ DOWNLOAD GLTF

④ export "

Alternatively...

[www.luggingface.com](http://www.luggingface.com)

USE IMAGE TO 3D

To transform your photo in a 3D model

EASY: ←

⊗ SpAr3D

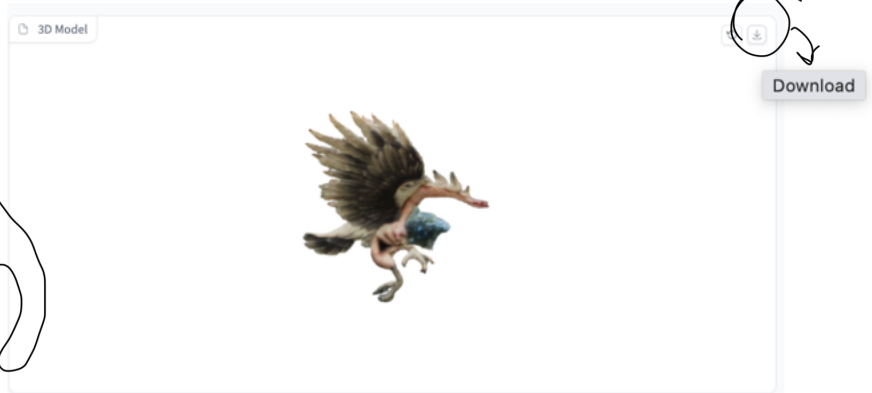
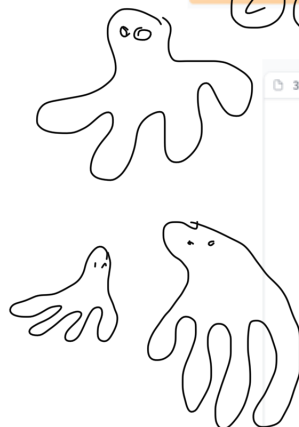
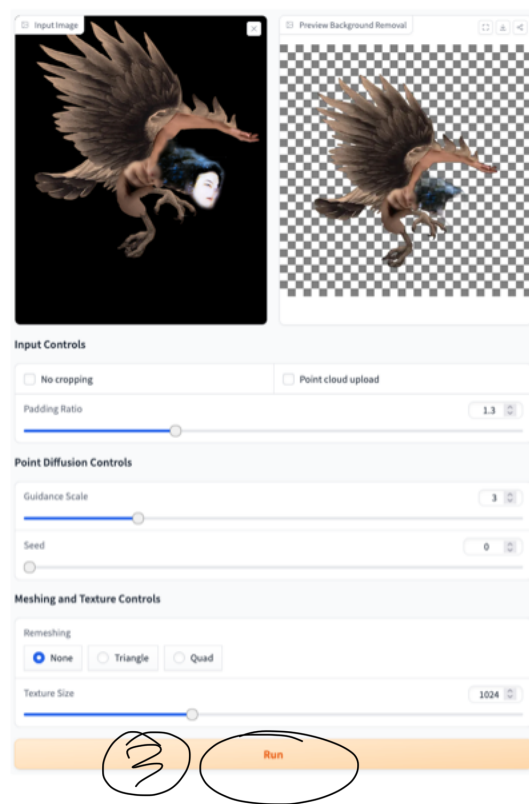
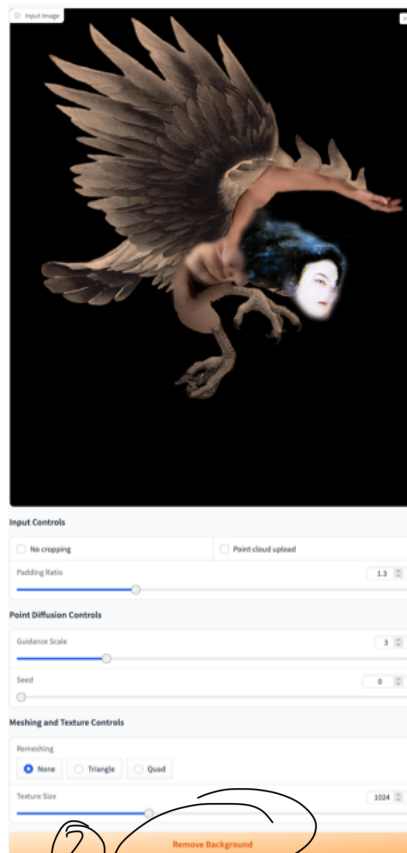
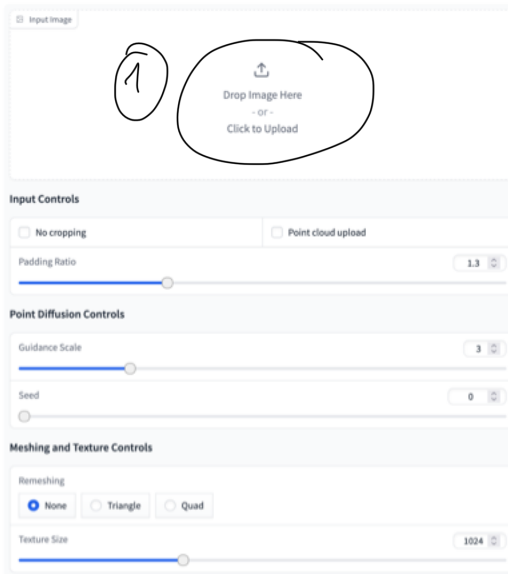
SCAN THIS →



Full of Free AI!!

FREE!

- POLYCAM
- PiFuHD
- Tripo SR
- INSTAMESH
- SPAR 3D





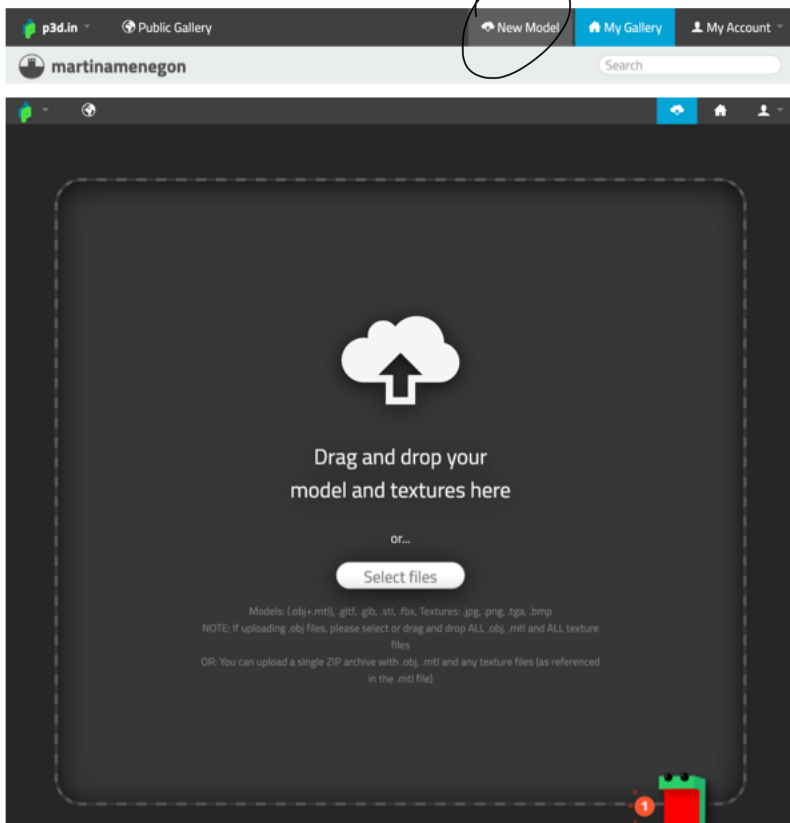
# ⑤ AUGMENT

upload your .GLB  
and experience it in AR

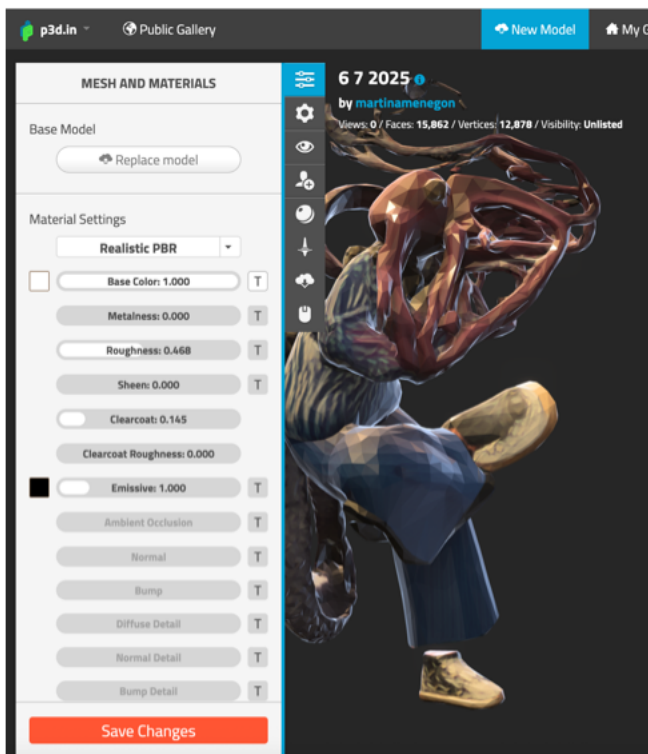
## P3D.IN

IS a nice  
Place to  
Start

SCAN  
THIS →

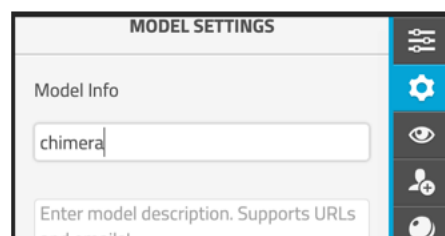


②  
DRAG AND DROP  
your .GLB  
(the File you  
downloaded  
FROM POLYCLAW)



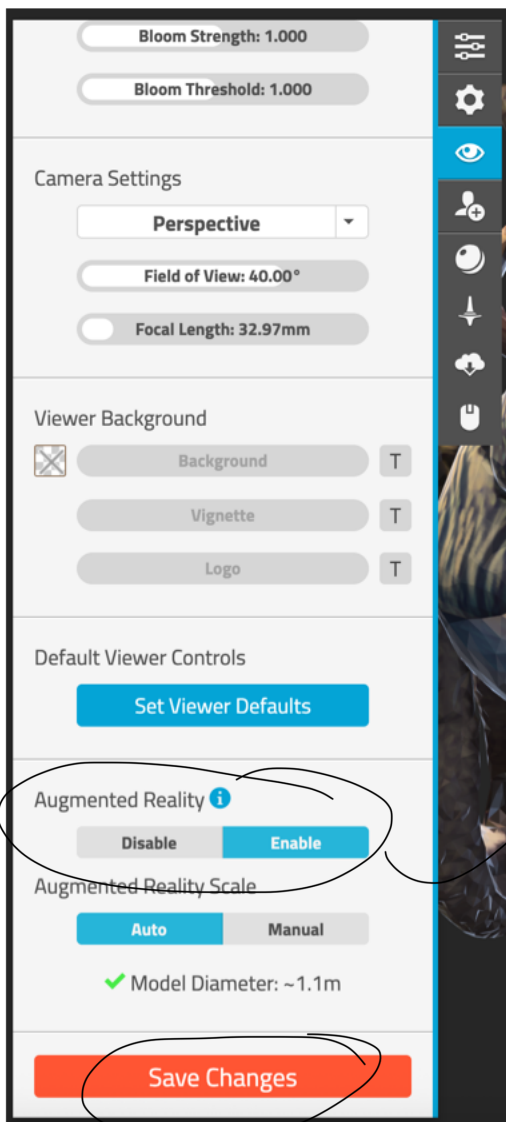
③  
make it  
pretty ☺

④  
Give it a name



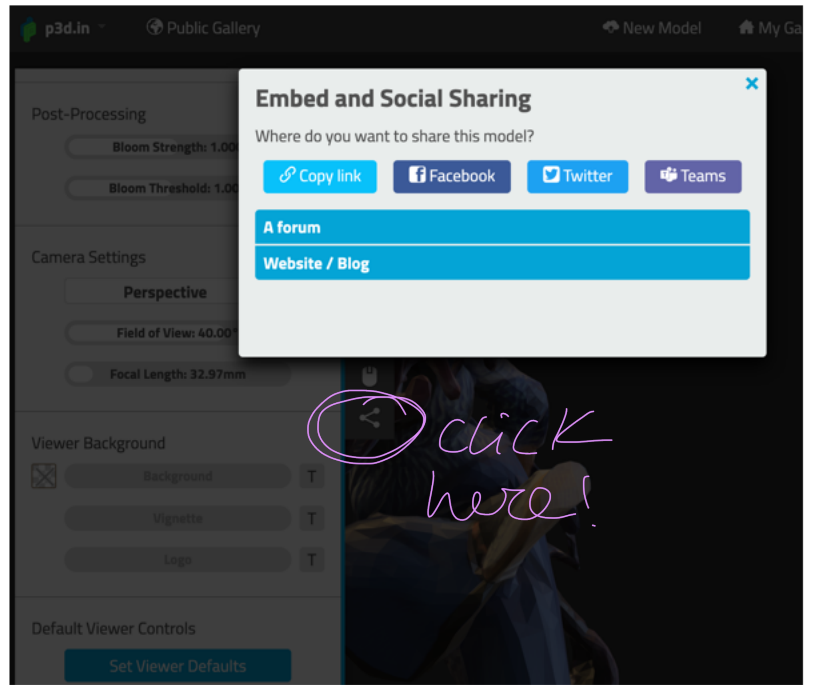
TIP: IF your  
MODEL is Very  
"pixelated" you can  
pass through and  
Bleed and  
to a Shader  
SMOOTH





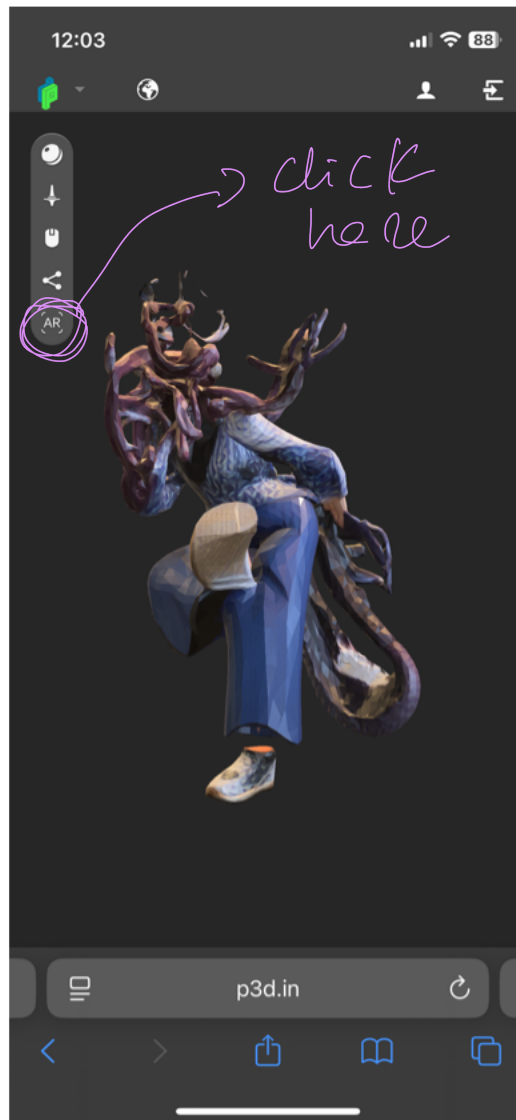
⑥ SAVE!

⑤ make sure this is ON!



click here!

⑦ copy link and test it on your phone!



click here



⑥ ENJOY

Spent some  
time in  
hybrid  
reality with  
your new  
chimeric  
Glitch  
SELF ♡